

❖ **Identify the source of financial support and anticipated revenues that will pay for costs not covered by the fund;**

**Financial Support and Anticipated Revenues for Participants' Share of Project Costs**

Each participant has sufficient revenue sources for covering their costs associated with the Rural Health Care Pilot Program proposed project. The sources include State of Alabama contracted professional services funds; private insurance reimbursements; contributions from city and county government; and Medicare/Medicaid reimbursements.

The project costs will be included in each participating agencies' General Fund budget as a line item to ensure funds are properly allocated. Appropriate funds are currently available and will be available in the foreseeable future. Once the major hurdle of the installation and the first year of the Telehealth / Telemedicine services have been overcome with resources provided through the Pilot Program, funds from the FCC Rural Health Care Program and other sources will be sought to sustain the project. The participants also intend to file a package for application to participate in the second year of the Rural Health Care Pilot Program. However, if General Funds are required to sustain this valuable project after the first year, the commitment is in place to do this.



- ❖ **List the health care facilities that will be included in the network;**
- ❖ **Provide the address, zip code, Rural Urban Commuting Area (RUCA) code and phone number for each health care facility participating in the network;**

### **Rural Health Participants**

The Community Mental Health and Community Health Centers participating in this project are:

- West Alabama Mental Health Board
- East Central Mental Health & Mental Retardation, Inc.
- Southwest Alabama Mental Health/Mental Retardation Board, Inc.
- South Central Alabama Mental Health Board, Inc.
- Charles Henderson Memorial Association

The below table identifies the locations, address, zip code, RUCA code and phone number for each of their facilities that will be include in the network.

<b>Yame</b>	<b>Address</b>	<b>Zip Code</b>	<b>RUCA Primary, Secondary Code, &amp; Tract Pop 2000</b>	<b>Rural/ Urban Class.</b>	<b>Phone Number</b>
West Alabama Mental Health/Mental Retardation - W.H. Billy Smith	1215 S. Walnut Avenue, Demopolis, AL	36732	7, 7.0, 4693	Rural	334-289-2600
Marengo Satellite Office	1300-A Old Springhill Rd., Demopolis, AL	36732	7, 7.0, 5491	Rural	334-289-3277
Marengo Satellite Office	1300-B Old Springhill Rd., Demopolis, AL	36732	7, 7.0, 5491	Rural	334-289-3270
Choctaw Satellite Office	401 Rogers Street, Butler, AL	36904	10, 10.0, 5188	Rural	205-549-2612

Choctaw Satellite Office	401 Rogers Street, Butler, AL	36904	10, 10.0, 5188	Rural	205-459-2090
Greene Satellite Office	250 Prairie Ave., Eutaw, AL	35462	10, 10.4, 4951	Rural	205-372-3106
Hale Satellite Office	401 First Street, Greensboro, AL	36744	7, 7.3, 5792	Rural	334-624-4520
Sumter Satellite Office	1121 North Washington, Livingston, AL	35470	10, 10.0, 6194	Rural	205-652-6731

East Central Mental Health Mental Retardation, Inc.	200 Cherry Street, Troy, AL	36081	4, 4.0, 6287	Rural	334-566-6022
Pike Satellite Office	1300 US Hwy 231 Bypass South, Troy, AL	36081	4, 4.0, 6287	Rural	334-808-2874
Pike Satellite Office	668 N. Hwy 231, Business District. Brundidge, AL	36010	5, 5.0, 4414	Rural	334-735-5056
Bullock Satellite Office	202 Abercrombie Street, Union Springs, AL	36089	7, 7.0, 7170	Rural	334-738-5279
Bullock Satellite Office	209 Abercrombie Street, Union Springs, AL	36089	7, 7.0, 7170	Rural	334-738-3970
Macon Center Satellite Office	103 East Oak Street, Tuskegee, AL	36083	4, 4.2, 2235	Rural	334-727-7001

Southwest Alabama Mental Health Administration Office	328 W. Claiborne Street, Monroeville, AL	36460	7, 7.0, 6959	Rural	251-575-4203
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**"Bridging the Gaps" In Rural Alabama**

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Escambia Satellite Office	309 E. Ridgley, Atmore, AL	36502	7, 7.0, 4496	Rural	251-368-1675
Escambia Satellite Office	100 MLK Drive, Atmore, AL	36502	7, 7.0, 4496	Rural	251-446-8354 251-446-7387
Escambia Satellite Office	1321 McMillan Ave, Brewton, AL	36426	7, 7.0, 4516	Rural	251-867-3242
Escambia Satellite Office	201 Oakwood Street, Brewton, AL	36426	7, 7.0, 5848	Rural	251-867-6287
Clarke Satellite Office	129 Clarke Street, Grove Hill, AL	36451	10, 10.6, 6076	Rural	251-275-4165
Clarke Satellite Office	300 Carter Drive, Grove Hill, AL	36451	10, 10.6, 6076	Rural	251-275-4135
Conecuh Satellite Office	416 Magnolia Ave., Evergreen, AL	36401	10, 10.0, 4925	Rural	251-575-4545
Conecuh Satellite Office	420 Magnolia Ave., Evergreen, AL	36401	10, 10.0, 4925	Rural	251-578-1317
Conecuh Satellite Office	101 Perryman Street, Hwy 31, Evergreen, AL	36401	10, 10.0, 4925	Rural	251-578-0071
Monroe Satellite Office	530 Homandy Street, Monroeville, AL	36460	7, 7.0, 3607	Rural	251-575-4837
Monroe Satellite Office	845 Agriculture Drive, Monroeville, AL	36460	7, 7.0, 6959	Rural	251-743-3820
<b>Participating Community Mental Health Center: South Central Alabama Mental Health Board, Inc. (SCAMHB)</b>					
SCAMH, Main Office	19815 Bay Branch Rd (was Hwy 55 S.), Andalusia, AL	36420	Track/RUCA Not Available	Rural	334-222-2525

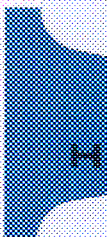
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**"Bridging the Gaps" In Rural Alabama**

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Covington Satellite Office	205 Academy Drive, Andalusia, AL	36420	7, 7.0, 4005	Rural	334-222-8411 334-427-1832
Crenshaw Satellite Office	587 Bentley Drive, Luverne, AL	36049	10, 10..0, 3434	Rural	334-335-5201
Butler Satellite Office	185 Industrial Parkway, Greenville, AL	36037	10, 10.0, 1928	Rural	334-382-2018
Butler Satellite Office	600 Hardscrabble Rd, Greenville, AL	36037	10, 10.6, 2330	Rural	334-382-2353
Coffee Satellite Office	2681 Neal Metcalf Rd., Enterprise, AL	36330	4, 4.2, 5556	Urban	334-347-0212 334-347-7522 334-347-5905 334-347-9418
Coffee Satellite Office	801 Aviation Blvd, Enterprise, AL	36330	4, 4.2, 2219	Urban	334-393-1732 334-347-9259
Charles Henderson Child Health Center	1300 US Hwy 231 Bypass South, Troy, AL	36081	4, 4.0, 6287	Rural	334-566-7600







❖ **Indicate previous experience in developing and managing telemedicine programs;**

**Previous Telemedicine Experience**

Only one of the mental health agencies, Southwest Mental Health/Mental Retardation Board, Inc., has had prior experience with Telemedicine services. They participated in a grant that involved providing consultation with an area pediatrician and other health providers to assess child and adolescent mental health and other health care needs using Telemedicine as a tool. The grant was successful in this regard; however, due to various limitations the ability to access child psychiatric treatment services, manage medication, and utilize psychiatric diagnostics services was a limitation of the grant implementation. The major obstacle was the lack of a reliable means of communicating via video and voice capabilities.

University of Alabama Children's Hospital and University of South Alabama Medical Center have Telemedicine capabilities in place and are prepared to participate in providing Telehealth and Telemedicine services to participating agencies. They can provide on-going professional development for project participants lacking experience with using this viable service options.



❖ **Provide Project Management Plan: Outline leadership, management structure, work plans, schedule and budget.**

**Project Leadership and Management Structure**

The Southwest Alabama Mental Health/Mental Retardation Board, Inc. (SWAMH) will serve as the organization that will be legally and financially responsible for the participating mental health agencies and other non-profit organizations applying for the Rural Health Care (RHC) Pilot Program.

Executive Directors at each of the participating four mental health agencies and the child health center will serve as authorized agents of their respective Board of Directors to oversee all aspects of project implementation.

**Major responsibilities include:**

- Establishing a legal partnership establishing South Central Alabama as the lead agent in the project.
- Following established FCC and USAC Rural Health Care Guidelines for securing Telecommunication and Internet services included in the project design.
- Working with selected service provider(s) to establish a time frame for installation and upstart of all approved services.
- Coordinating necessary training to implement Telemedicine Goals/Objectives.
- Budgeting and ensuring payment for approved services.
- Serving as the Project's Executive Leadership Team to ensure that goals/objectives of the project are completed in an effective and timely manner.
- Coordinating the sharing of available mental health and other health personnel to provide the most effective treatment services for clients.
- Coordinating professional development services for health workers.
- Periodically reporting project progress to their Board of Directors.

Clinical Directors report directly to the Executive Directors at each of the four mental health agencies and the child health care center. They will work collaboratively to facilitate daily project activities.

**Major responsibilities include:**

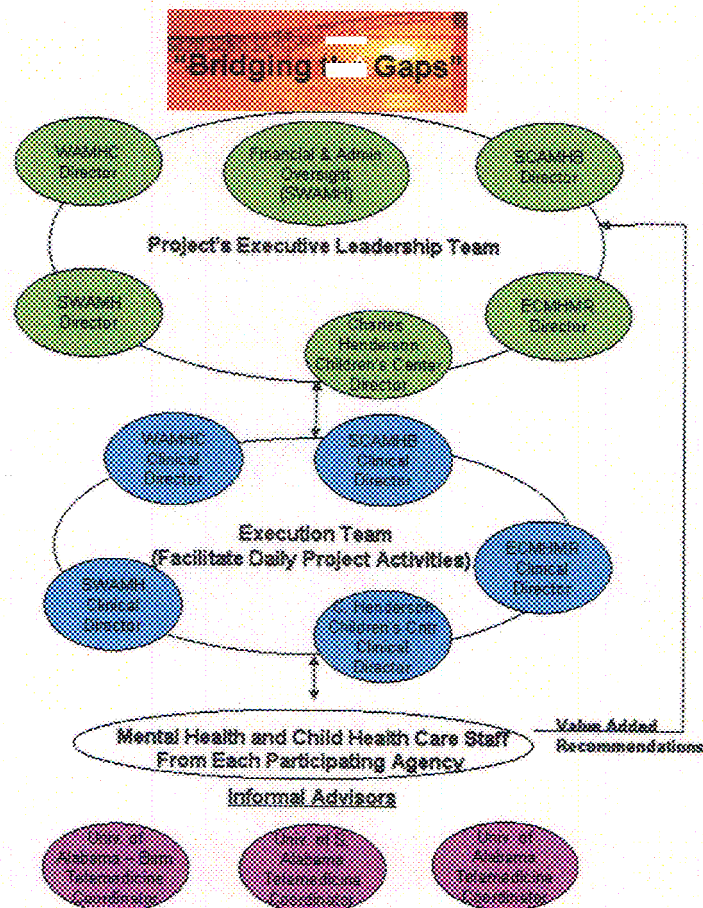
- Scheduling shared Telehealth and Telemedicine treatment services among the participating agencies.
- Working with Health Care Workers to determine the needs of clients and make recommendations to the Executive Directors for approval of appropriate Telemedicine treatment services.
- Scheduling Telehealth and Telemedicine professional development activities for appropriate mental health care workers.
- Conducting regularly scheduled monthly meetings utilizing voice/video capabilities with mental health and child health providers to assess the effectiveness of Telehealth and

Telemedicine client treatment and ongoing sustained, professional development activities.

- Collaborating to provide the Executive Leadership Team with written quarterly reports indicating successes, concerns, plans of actions, monitoring processes, and outcomes for meeting Telehealth and Telemedicine Goals/Objectives.

Mental Health and Child Health Care Staff will serve in an advisory capacity to make recommendations for the effective uses of Telehealth and Telemedicine for client care and professional development. Their role will add valuable input to ensure the project's success.

### ***"Bridging the Gaps: A Telehealth/Telemedicine Project"*** **Leadership Team**



### **Work Plan and Schedule**

Project Activities	Person(s) Responsible	Schedule
Legal Partnership Established for Project Participation	Directors of Mental Health Agencies and Child Health Care Center	Immediately upon award of grant
Selection of Service Provider(s) per FCC Guidelines	Directors of Mental Health Agencies and Child Health Care Center	Summer/Early Fall 2007 – Upon award of grant
Installation of WAN with video, voice, data transmission capability as well as connectivity to the Internet and Internet 2 Access	Directors of Mental Health Agencies and Child Health Care Center	September – October 2007
Professional Development Training for Mental Health Agency and Child Health Care Directors, Clinical Directors, Mental Health and Child Health Care Staff to understand the use of Telemedicine Services as a treatment option	Directors and Clinical Supervisors of Mental Health Agencies and the Child Health Care Center	October 2007
Project Leadership Team begins monthly voice/video meetings to plan/assess implementation of project activities	Directors and Clinical Supervisors of Mental Health Agencies and Child Health Care Center  Mental Health Care and Child Health Care Advisory Team Members	October 2007 – Ongoing Monthly Meetings
Begin client Telehealth and Telemedicine treatment services	Directors and Clinical Supervisors of Mental Health Agencies and Child Health Care Center	November 2007 – Ongoing

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### **"Bridging the Gaps" In Rural Alabama**

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Begin Telehealth and Telemedicine Professional Development Training for all mental health and child health care executives and staff participating in the project	Directors and Clinical Supervisors of Mental Health Agencies and Child Health Care Center	November 2007 – Ongoing
Evaluate overall first year implementation and plan for program continuation/expansion	Directors and Clinical Supervisors of Mental Health Agencies and Child Health Care Center  Mental Health Care and Child Health Care Advisory Team Members	August 2007 – Evaluate Annually
Continue Project Implementation to Achieve Goals and Objectives	Directors and Clinical Supervisors of Mental Health Agencies and Child Health Care Center  Mental Health Care and Child Health Care Advisory Team Members	August 2007 - Ongoing

## BUDGET

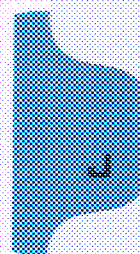
### "Bridging the Gaps" in Rural Alabama

BUDGET ITEM	1st Year Pilot Program		2nd Year
	Monthly	Annual	Annual
10Mbps Voice, Video, and Data fiber WAN to 30 Remote Sites and 100Mbps Voice, Video, and Data fiber WAN to 4 Main Center Sites with 3Mbps of Internet to all main agencies			
Monthly Fee (\$2,059 per location x 34 locations)	\$70,006.00	\$840,072.00	\$840,072.00
One-Time Installation Fee (\$36,030 per location x 34 locations)		\$1,225,020.00	
Internet2 Annual Fee		\$25,000.00	\$25,000.00
Total Project Annual Cost		\$2,090,092.00	\$865,072.00
Participants Share (15%)		\$313,513.80	Participants will reapply in 2nd Year
Pilot Program Funding (85%)		\$1,776,578.20	Participants will reapply in 2nd Year
Note: The estimate for voice, video, and data WAN and Internet was provided by a Technology consultant.			

### "Bridging the Gaps" in Rural Alabama

WC Docket No. 02-60, Rural Health Care Pilot Program Package





❖ **Indicate how the telemedicine program will be coordinated throughout the state or region;**

**Coordination of Telemedicine Program throughout the Region or State**

The Project Leadership Team will work collaboratively to implement the goals and objectives of the Pilot Program proposal. The purpose will be to create a meaningful partnership to maximize limited resources by connecting care providers, empowering them to better meet clients' health needs. This will be a unique project in the state of Alabama and has the support ~~of~~ the Governor of Alabama, the Alabama Mental Health Department, the Blackbelt Action Commission of Alabama, as well as the Alabama Department ~~of~~ Economic Development. Information will be shared on a regular basis with these agencies and individuals as well as at professional mental health conferences/meetings throughout the state and region. The goal **is** to ensure Telehealth/Telemedicine project sustainability of the participating agencies and to encourage other health agencies in Alabama to join in the project to create a more extensive and comprehensive sharing of health resources and services.



❖ *Indicate to what extent the network can be self-sustaining once established.*

#### **Sustainability of Network**

Each participating Mental Health Agency will be able to continue funding of the network after the initial assistance is provided through the Rural Health Care Pilot program, particularly for the initial upstart one time installation costs which **are** a major hindrance to implementation without assistance. Having assistance for the upstart cost and the first year of assistance with the WAN and Internet costs will allow the agencies to program future funds to continue this valuable project. Additionally, after the Rural Health Care Pilot funding period, each Mental Health Agency will take advantage of the Rural Health Care Program by filing for assistance annually to provide assistance with funding a portion of the project under the FCC guidelines. The commitment **is** there on the part of the governing Board of Directors as well as the Directors and their staffs to fully utilize Telemedicine solutions for extending and improving the quality of services. Additional grants will be sought for improving Telemedicine/Distance Learning equipment capabilities to expand opportunities to connect with schools in the counties served through this project. Equipment will enable agencies to provide onsite professional development to teachers, mental health educational services to students as well as face-to-face patient services to students without them having to leave the school campus.



OFFICE OF THE GOVERNOR

BOB RILEY  
GOVERNOR



STATE CAPITOL  
MONTGOMERY, ALABAMA 36130

(334) 242-7100  
FAX: (334) 242-0937

## STATE OF ALABAMA

April 25, 2007

To Whom It May Concern:

As Governor of the State of Alabama, I fully support this FCC Rural Health Care Pilot project to provide an innovative means of better meeting the medical and mental health needs of our citizens through the use of Telehealth and Telemedicine. The project participants will be paving the way for others in health agencies in our state to model the sharing of resources and expertise that has not been possible before. They are to be commended for their efforts in taking the lead in our state.

This Telehealth/Telemedicine project will serve 16 of the most rural and poorest counties of the state including many Black Belt counties, a region characterized by the long term effects of generational poverty. With these Alabama mental health and health care agencies taking the initiative to seek ways of better serving their clients, they are demonstrating to other health care providers in our state and the nation that solutions are possible if innovative means are sought.

Sincerely,

A handwritten signature in black ink that reads "B. Riley". The signature is stylized with a large, sweeping "B" and a long, horizontal stroke at the end.

Bob Riley  
Governor

BR/gd

OFFICE OF THE GOVERNOR

**BOB RILEY**  
GOVERNOR

STATE OF ALABAMA

**RURAL ACTION COMMISSION**GERALD DIAL - EXECUTIVE DIRECTOR  
JIM HARRISON - STATE CO-CHAIR  
MARGARET BENTLEY - STATE CO-CHAIR

May 1, 2007

To Whom It May Concern:

The Black Belt Action Commission of Alabama was formed as an initiative of Governor Bob Riley's office to address critical needs of one of the poorest regions of the state and nation. A major component being addressed through this Commission is the need for improved health care. The Commission fully supports this innovative proposal for providing Telehealth/Telemedicine to 16 rural Alabama counties, of which seven are a part of the Black Belt Region of Alabama. These counties are Greene, Hale, Sumter, Marengo, Choctaw, Bullock and Macon.

Mental health and health care services are very scarce in this area of the state and without mental health and health care agencies participating in innovative projects such as the FCC Rural Health Care Pilot program to begin addressing health care needs, little improvement is possible in the foreseeable future. The Commission fully supports this project and sees it as a benefit to serve as a model throughout the state.

Sincerely,

A handwritten signature in black ink, appearing to read "Gerald Dial".

Gerald Dial  
Executive Director  
Alabama Rural Action Commission



OFFICE OF THE GOVERNOR

**BOB RILEY**  
GOVERNOR

STATE OF ALABAMA

**BLACK BELT ACTION COMMISSION**MARGARET BENTLEY - COCHAIR  
SENATOR HANK SANDERS - COCHAIR

DON M. INGRAM - EXECUTIVE DIRECTOR

May 1, 2007

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Sincerely,

A handwritten signature in black ink, appearing to read "Don M. Ingram".

Executive Director  
Black Belt Action Commission

OFFICE OF THE GOVERNOR

BOB RILEY  
GOVERNOR

STATE OF ALABAMA

BLACK BELT ACTION COMMISSION

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DON M. INGRAM - EXECUTIVE DIRECTOR

May 1, 2007

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Sincerely,

Handwritten signature of Margaret Bentley.

Co-Chair  
Black Belt Action Commission

Handwritten signature of Hank Sanders.

Co-Chair  
Black Belt Action Commission

April 26,2007

To Whom It May Concern:

The mental health clinics in South Alabama have an acute and chronic shortage of psychiatrists. Many clinics are fortunate to have a doctor once a week. Some have only once-per-month coverage. The schedules are often overbooked and the wait for an appointment ranges from 3-6 weeks. Stable patients are often seen only every 6 months. Emergency medical coverage is simply not available. The clinics are stretching resources as far as possible, but this situation is far from ideal.

Any solution that makes more psychiatrists more accessible would be helpful and provide better care for consumers.

Sincerely,

A handwritten signature in black ink, appearing to read "June Serravezza". The signature is fluid and cursive, with the first name "June" and last name "Serravezza" clearly distinguishable.

Dr. June Serravezza

Psychiatrist